



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



BADIN LAKE TRIATHLON



June 6, 2026 7:30 am
BADIN LAKE BOAT RAMP



The Badin Lake Triathlon provides a perfect opportunity for all fitness levels to get involved in a sprint triathlon. Participants will swim a 750 yard open water swim in Badin Lake, bike 13 miles through rolling country roads of Stanly County, and run a 5K through historic Badin, NC.

<https://runsignup.com/Race/NC/Badin/BadinLakeTri>

More Info: rrierson@stanlyymca.org
WHEN: Saturday June 6, 2026
START TIME: 7:30 am
LOCATION: 292 NC 740
Badin NC, 28009

